



THE PSYCHOLOGY OF DESIRE

edited by

Wilhelm Hofmann

Loran F. Nordgren

Copyrighted Material

Resumo de The Psychology of Desire

Providing a comprehensive perspective on human desire, this volume brings together leading experts from multiple psychological subdisciplines. It addresses such key questions as how desires of different kinds emerge, how they influence judgment and decision making, and how problematic desires can be effectively controlled.

Current research is reviewed on underlying brain mechanisms and regulatory processes. Cutting-edge measurement tools are described, including practical recommendations for their use. The book also examines pathological forms of desire and the complex relationship between desire and happiness.

The concluding section analyzes specific applied domains--eating, sex, aggression, substance use, shopping, and social media.

[Acesse aqui a versão completa deste livro](#)