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# 500

mediterranean dishes



the only mediterranean dish compendium you'll ever need

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Valentina Sforza

# Resumo de 500 Mediterranean Dishes: The Only Compendium of Mediterranean Dishes You'll Ever Need

Weve all heard amazing things about the delicious and healthy foods of the Mediterranean. Now 500 Mediterranean Dishes provides 500 simple ways to enjoy those foods in everyday meals. From antipasti and tapas to fresh fruit desserts, youll find satisfying recipes for every course and of every variety.

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