

A pair of weathered, calloused hands are clasped together in a prayer-like gesture. The hands are positioned in the lower center of the frame. The background consists of horizontal wooden planks. Overlaid on the planks is the text "Callused Hands" and "Hungry Heart" in a bold, red, sans-serif font. The entire image is set against a solid red background.

**Callused Hands**  
**Hungry Heart**

**MEMOIR OF A FISHERMAN-FARMER**  
by JIM LAWRENCE

# Resumo de Callused Hands Hungry Heart

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