

PREVENTION AND TREATMENT
FOR EVERY KIND OF HEADACHE PAIN

HEADACHES

47 WAYS
.....
TO STOP
.....
THE PAIN
.....

A
PEOPLE'S
MEDICAL
SOCIETY BOOK

CHARLES B. INLANDER & PORTER SHIMER

Resumo de Headaches: 47 Ways to Stop the Pain

An invaluable guide to alleviating and preventing headaches identifies the distinct characteristics of headaches, reveals their most common triggers, and provides effective treatments in easy-to-understand and comprehensive chapters. Reprint."

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