

# THE COENZYME Q10 PHENOMENON

The breakthrough nutrient  
that helps combat heart disease,  
cancer, aging and more

"I highly recommend this book for physicians and their patients as a source of authoritative information about this vitally important nutrient."

Kilmer S. McCully, M.D.

author of *The Homocysteine Revolution*

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Stephen T. Sinatra, M.D.F.A.C.C.  
Author of *Heartbreak and Heart Disease*

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# Resumo de The Coenzyme Q10 Phenomenon

Drawing on the latest scientific and clinical research, Dr. Stephen T. Sinatra explains why Coenzyme Q10, a naturally occurring vitamin-like substance, offers tremendous promise in the treatment of heart disease as well as many other ailments.

With complete information on how and when to use Coenzyme Q10 as a dietary supplement, this breakthrough guide is a must for heart patients and health-conscious readers everywhere.

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