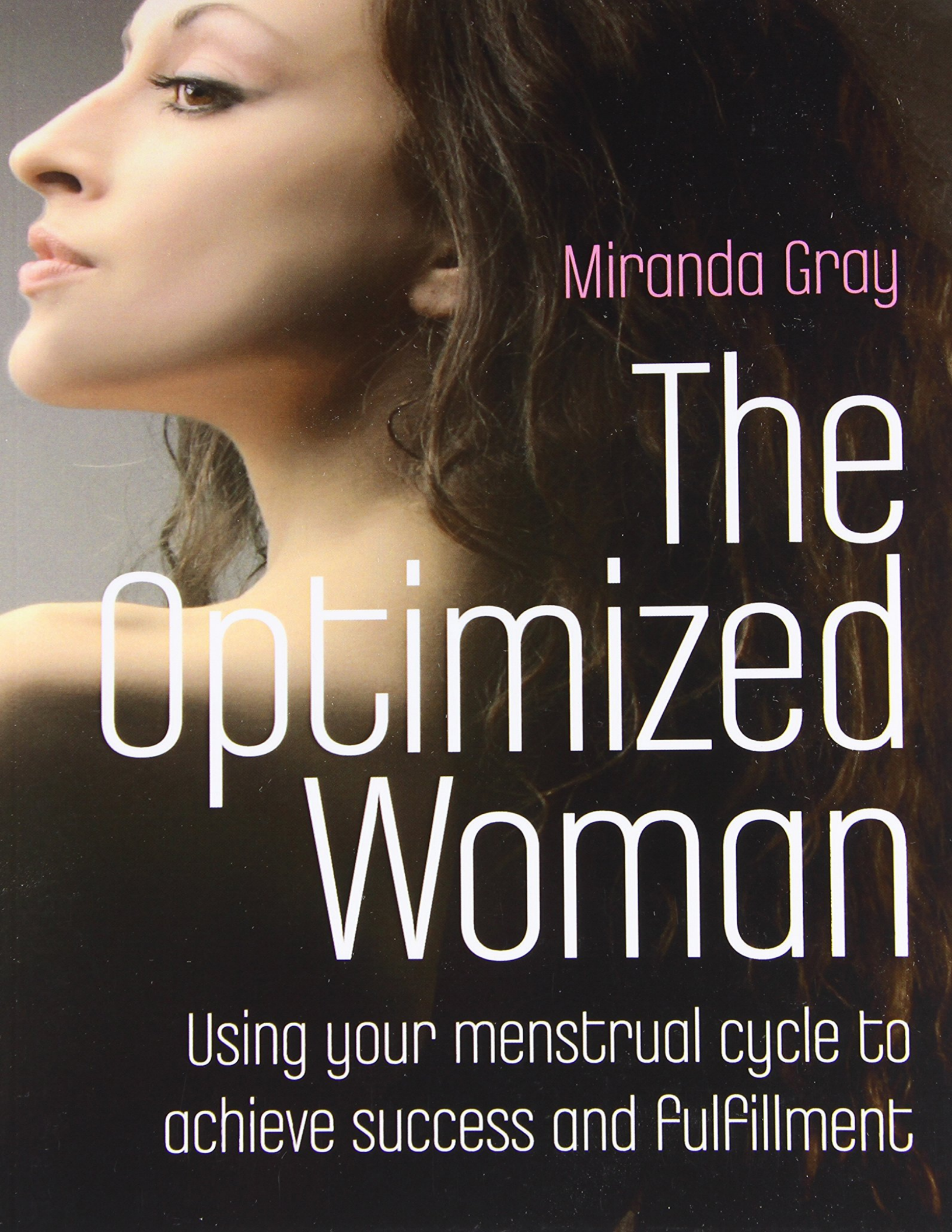


A close-up, profile view of a woman with long, dark, wavy hair. She is looking upwards and to the left, with her face partially illuminated by a soft light source. The background is dark and textured.

Miranda Gray

The Optimized Woman

Using your menstrual cycle to
achieve success and fulfillment

Resumo de The Optimized Woman: Using Your Menstrual Cycle to Achieve Success and Fulfillment

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