



Resumo de We: A Manifesto for Women Everywhere

Imagine a sisterhood across all creeds and cultures. An unspoken agreement that we, as women, will support and encourage one another. That we will remember we don't know what struggles each of us may be facing elsewhere in our lives and so we will assume that each of us is doing our best. So begins "WE" an inspiring, empowering, and provocative manifesto for change.

Change that we can all effect, one woman at a time. Change that provides a crucial and timely antidote to the have-it-all superwoman culture and instead focuses on what will make each and every one of us happier and more free.

Change that provides an answer to the nagging sense of is that it? that almost all of us can succumb to when we wake in the dead of night. Written by actress Gillian Anderson and journalist Jennifer Nadel two friends who for the last decade have stumbled along together, learning, failing, crying, laughing, and trying again "WE" is not a theoretical treatise but instead a rallying cry to create a life that has greater meaning and purpose.

Combining tools that are practical, psychological and spiritual, "WE" is both a process and a vision for a more fulfilling way of living. And a truly inspiring vision of a happier, more emotionally rewarding future we can all create together "

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